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Author interview jeff herten the sobering

Q. What excites you most about your book's topic? Why did you choose it? A. I am excited about my topic because, suddenly, after millennia of alcohol use and abuse

Jeff herten | writerface administrator |

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Even when you have it under control, it can still kill you. "The Sobering Truth: What You Don't Know Can Kill You" draws on Dr. Jeff Herten's own experiences as a

Jeff herten (author of the sobering truth) -

Jeff Herten is the author of The Sobering Truth (4.44 avg rating, 9 ratings, 2 reviews, published 2010) and An Uncommon Drunk (3.71 avg rating, 7 ratings)

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The latest Tweets from Jeff Herten (@soberingtruth). Physician and author of The Sobering Truth, a book that exposes the medical consequences of alcohol use.

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Teens: Rethinking Drinking DVD is a presentation that Dr. Jeff Herten gave to the AVID students at Mesa Middle School about the hazards of teen drinking.

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Dr. Jeff Herten, a native Californian, resides in rural San Luis Obispo with his wife, Debby. His past as a high-functioning alcoholic, his medical expertise, and his

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