

**Fast & Cold, A Guide To Alaska Whitewater By  
Andrew Embick**

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The late Dr. Andrew Embick of Valdez warns of these "powerful, boiling eddies" in his book "Fast & Cold: A Guide to Alaska whitewater." American Whitewater

## **2014 amwc race info**

The 2014 Alaska Mountain Wilderness Classic will be August 3-9. [Embick\*] at 1200-1000 feet Fast & Cold, A Guide to Alaska Whitewater, 1994. Route information:

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Andy Embick talks about his early life, Alaska on July 25, 1993 [sound recording]. Embick, Andrew, 1950-University of Alaska, Fairbanks.

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